



continuing the journey of

transforming grace:

transforming practice

November 3, 2024 | Week of US National Elections 2024

In this week of our US National Elections, trusting in the power of Transforming Grace, let us begin by entrusting these days to the power of the Holy Spirit:

Meditation

Litany of the Holy Spirit | Richard Rohr
A 12 Minute Meditation

Opening Song

Open my Heart | Harc

Meditations and Music

These last 12 months of Transforming Grace have been times of looking both within and outward. Accepting the challenge of moving into our part in breaking open the division and polarization around us, we continue to learn the skills necessary to be conduits of justice, healing and hope. In this week, it can seem daunting to consider what is before us.

Let us pause to listen to the word of those who have struggled through difficult times before ours, with messages from their time that might serve us in the week ahead. Each selection is followed by music with the invitation to pause, reflect and breathe in some hope, some courage, and most of all, love.

Dr. Martin Luther King, Jr on voting (1966)

(this recording has a few minutes that the audio is not available)

America the Beautiful | Ray Charles

From Abraham Lincoln's Gettysburg Address

This Land is Your Land (instrumental)

What you need to know about Women's Suffrage

Let there be Peace on Earth | Mahalia Jackson

Closing Reflection

Just Do Right | Maya Angelou

Closing Song

I am Willing | Holly Near



LCWR Virtual Prayer

Please join us this week for the **LCWR Virtual Prayer Beginning on Monday, November 4 at 12:00AM ET thru Wednesday, November 6 at 11:59PM** using this link: bit.ly/VirtualPrayerRM (no registration is required)

You can find more information on the LCWR website: bit.ly/3CdhftD