



beginning the journey of **transforming grace:** transforming consciousness

Reflection for the week of December 31, 2023

Beginning Reflection

How the Philosophy of Ubuntu Can Change Your Life

Opening Song: Ubuntu: World Edition

Opening Prayer

In these days of Christmastide, may we be instruments of building up the Beloved Community. As we stand between what has been and what is burgeoning forth, may we be instruments of unity, in this time of division. We seek the power of Grace in this season of transformation.

Scripture

“Be completely humble and gentle; be patient, bearing with one another in love.³ Make every effort to keep the unity of the Spirit through the bond of peace.” Ephesians 4:2-3

Kwanzaa

What is Kwanzaa

The 7 Principles of Kwanzaa



Questions for Reflection

Choose one of the seven principles of Kwanzaa. Explore how this principle might be a guidepost for the work of Transforming Grace.

Keep watch through the week for invitations to the ways that the Kwanzaa principles are present in your consciousness and contemplation. Share this awareness as a way of increasing your accountability to live them.

Closing Prayer

We give thanks to God for all the blessings of the earth, and honor for the great goodness which is manifest in all of creation.

We ask that the spirit of Kwanzaa be infused into every aspect of our daily lives, that we may constantly remember the benefits and obligations of family, community and nationhood.

May we always remember our ancestors with reverence and love, and may they share with us their great wisdom and strength as we seek to preserve and continue the heritage they have left us.

Amen

(Resource: Excerpts taken from a Kwanzaa Service: Resource Watchnight Service held at Light of the World Christian Church)

Closing Song: We are Going: Wiyaala